

	LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'	SABATO
09.30 10.30	BOXE		BOXE			
10.00 11.15						BOXE
11.00 12.15	BOXE		BOXE		BOXE	
11.15 12.30						BOXE
12.15 13.30						BOXE
12.30 13.30	BOXE		BOXE		BOXE	
13.00 14.00	BOXE		BOXE		BOXE	
15.15 16.15		BOXE		BOXE		
16.15 17.15	BOXE		BOXE		BOXE	
16.30 17.30		BOXE		BOXE		
17.30 18.30	BOXE	BOXE/THAI BIMBI	BOXE	BOXE/THAI BIMBI	BOXE	
17.45 18.45		BOXE		BOXE		
18.45 19.45	BOXE		BOXE		BOXE	
19.00 20.00				ALLENAMENTO FUNZIONALE		
19.00 20.00		THAI BOXE/PUGILATO		BOXE		
20.00 21.15	BOXE		BOXE		THAI BOXE/ PUGILATO	
20.10 21.10		THAI BOXE/PUGILATO		THAI BOXE/PUGILATO		